



Ayursoma Ayurveda Royal

Psoriasis – 14N

At Ayursoma Ayurveda Royal Retreat, psoriasis is addressed through a holistic Ayurvedic lens that focuses on restoring internal balance rather than treating surface symptoms alone. Rooted in the classical principles of Tridosha harmony, each 14- or 21-night program begins with an in-depth consultation by experienced Vaidyas to understand the individual's constitution and underlying imbalances. The treatment journey integrates personalised detoxification and purification therapies (Shodhana Chikilsa), supported by preparatory procedures such as Snehapanam (internal oleation), which is known to aid in managing skin disorders like psoriasis, along with targeted external applications like Lepam that help soothe inflammation and promote skin regeneration.

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Single – Euro 3843

Double – Euro 6237

****** Rates are subject to availability and conversion rates at the time of booking.**



+91-9686496930



info@bookmyveda.com



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Package Inclusions:

- ✿ Airport Transfer from Trivandrum International Airport
- ✿ Daily 01 Yoga and Meditation session
- ✿ Cultural programme (visual or music)
- ✿ Weekly 01 Ayurveda cooking demonstration
- ✿ Weekly 01 Ayurveda lecture class
- ✿ Ayurveda tour (visits of our herbal garden, Ayurveda shop with our doctor and translator)
- ✿ Language interpreters.

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